



MAKAN EXPRESS



DAILY ITEMS

| | | | |
|---------------------------------------|-----------------|---------------------------|--------|
| FISHBALL (2PCS) | \$0.50 | MINERAL WATER (500ML) | \$0.50 |
| BAKED WEDGES (5PCS) | \$0.50 | PACKET DRINKS | \$0.60 |
| BAKED BAGEDIL (1PC) | \$0.50 | VITAGEN, PEEL FRESH JUICE | \$0.70 |
| CRABMEAT (1PC) | \$0.50 | VITASOY, NUTRISOY | \$0.70 |
| HARD BOILED EGG (1PC) | \$0.50 | HL MILK, MILO, YOGHURT | \$0.80 |
| BAKED DRUMLET (1PC) | \$0.60 | | |
| POPCORN CHICKEN (8PCS) (TUESDAY ONLY) | \$1.00 | | |
| *NASI GORENG | \$1.50 / \$1.80 | | |

***VEGETARIAN OPTION**





MAKAN EXPRESS



MONDAY

| | |
|---|-----------------|
| WHITE RICE WITH BLACK SOYA SAUCE CHICKEN | \$1.50 / \$1.80 |
| SWEET & SOUR FISH/CHICKEN AND VEGETABLES | \$1.50 / \$1.80 |

TUESDAY

| | |
|---|-----------------|
| CHICKEN RICE | \$1.50 / \$1.80 |
| WHITE RICE WITH BLACK PEPPER CHICKEN & VEGETABLE | \$1.50 / \$1.80 |

WEDNESDAY

| | |
|--------------------------------|-----------------|
| NASI LEMAK WITH EGG & FISHBALL | \$1.50 / \$1.80 |
| FRIED RICE / CHICKEN PORRIDGE | \$1.50 / \$1.80 |

THURSDAY

| | |
|-------------------------------|-----------------|
| WHITE RICE WITH FISHBALL SOUP | \$1.50 / \$1.80 |
| CHICKEN LEMAK WITH VEGETABLE | \$1.50 / \$1.80 |

FRIDAY

| | |
|--|-----------------|
| CHICKEN BRIYANI | \$1.50 / \$1.80 |
| WHITE RICE WITH CHICKEN CURRY & VEGETABLE | \$1.50 / \$1.80 |



All meals come
with a fruit!



PONDOK DELIGHTS



DAILY ITEMS

| | | | |
|---------------------------------|---------------|--|---------------|
| FISH BALL | \$0.30 | MARIGOLD APPLE JUICE | \$0.80 |
| SOTONG BALL | \$0.50 | MARIGOLD ORANGE JUICE | \$0.80 |
| CRAB MEAT | \$0.50 | MARIGOLD PEAR MIXED BERRIES JUICE | \$0.80 |
| CHICKEN DRUMLET | \$0.50 | MARIGOLD TROPICAL FRUITS JUICE | \$0.80 |
| POTATO CURRY PUFF (3PCS) | \$1.00 | MARIGOLD CARROT JUICE | \$0.80 |
| SAMOSA VEG (3PCS) | \$1.00 | MARIGOLD APPLE GRAPE JUICE | \$0.80 |
| POPIAH VEG (3PCS) | \$1.00 | MARIGOLD APPLE CRANBERRY JUICE | \$0.80 |
| ROTI JOHN | \$1.20 | MARIGOLD CHRYSANTHEMUM TEA | \$0.70 |
| *VEGETABLE SALAD | \$1.50 | MARIGOLD ICE LEMON TEA | \$0.70 |
| | | MARIGOLD SOYA BEAN DRINK | \$0.70 |
| | | MARIGOLD LEMON BARLEY DRINK | \$0.70 |

*VEGETARIAN OPTION





PONDOK DELIGHTS



MONDAY

SEAFOOD SPAGHETTI / FRIED MACARONI / \$1.50 / \$1.80
STEAMED CARROT CAKE / NOODLE SOUP /
MEE SIAM

THURSDAY

FRIED SPIRAL SPAGHETTI / SPAGHETTI \$1.50 / \$1.80
CHICKEN OLIO / INDIAN MEE GORENG /
LAKSA / MEE BANDUNG

TUESDAY

SOTO WITH YELLOW NOODLE / LONTONG / \$1.50 / \$1.80
FRIED HOKKIEN MEE / LOR MEE /
FRIED MEE TAI BAK

FRIDAY

HONG KONG KWAY TEOW / FRIED KWAY \$1.50 / \$1.80
TEOW / YEE MEE / BAKED MACARONI /
MEE REBUS

WEDNESDAY

FRIED BEE HOON / MEE HONG KONG / \$1.50 / \$1.80
YELLOW NOODLE MEE GORENG / SPAGHETTI
CARBONARA / FRIED PASTA PENNE



All meals come with a fruit!



WESTERN FOOD



DAILY ITEMS

STEAMED EGG /SUNSHINE EGG

\$0.50

***SALAD**

\$1.00

OMELETTE

\$0.50

***PIZZA**

\$1.50

BAKED BEANS

\$0.50

***SPAGHETTI**

\$1.50 / \$1.80

POTATO PATTIES

\$1.00

BURGER (FISH / CHICKEN)

\$1.00

MUSHROOM SOUP / CORN SOUP

\$1.50

PIZZA

\$1.50

***VEGETARIAN OPTION**





WESTERN FOOD



MONDAY

| | |
|-------------------------------------|-----------------|
| CHICKEN CHOP WITH RICE | \$1.50 / \$1.80 |
| AGLIO OLIO WITH CHICKEN OR MUSHROOM | \$1.50 / \$1.80 |
| CHICKEN MACARONI SOUP (FUSION) | \$1.50 / \$1.80 |

TUESDAY

| | |
|-----------------------------------|-----------------|
| CHICKEN STEW WITH RICE | \$1.50 / \$1.80 |
| PASTA WITH WHITE SAUCE & MUSHROOM | \$1.50 / \$1.80 |
| FRIED SPAGHETTI (FUSION) | \$1.50 / \$1.80 |

WEDNESDAY

| | |
|---|-----------------|
| BAKED RICE WITH CHICKEN OR FISH | \$1.50 / \$1.80 |
| SPAGHETTI BOLOGNESE WITH MINCED MEAT (PORK) | \$1.50 / \$1.80 |
| CHICKEN MEAT BALLS WITH RICE (FUSION) | \$1.50 / \$1.80 |

THURSDAY

| | |
|--|-----------------|
| OVEN ROASTED CHICKEN DRUMSTICK OR PORK CHOP WITH MASHED POTATO | \$1.50 / \$1.80 |
| BRAISED MINCED MEAT WITH POTATOES & RICE | \$1.50 / \$1.80 |
| SPAGHETTI WITH CURRY CHICKEN SAUCE (FUSION) | \$1.50 / \$1.80 |

FRIDAY

| | |
|--|-----------------|
| GRILLED FISH OR CHICKEN WITH BAKED POTATOES | \$1.50 / \$1.80 |
| BAKED CHEESE MACARONI | \$1.50 / \$1.80 |
| BRAISED CHICKEN DRUMSTICK WITH RICE (FUSION) | \$1.50 / \$1.80 |



All meals come with a fruit!



CHINESE WOK



DAILY ITEMS

| | | | |
|--------------------|------------------------|------------------------------|---------------|
| FISH BALL | \$0.30 | MINERAL WATER (500ML) | \$0.50 |
| *FRIED RICE | \$1.50 / \$1.80 | PACKET DRINKS | \$0.60 |
| | | YAKULT, VITASOY | \$0.70 |
| | | MEIJI FRESH MILK | \$1.00 |
| | | F&N APPLE JUICE | \$1.00 |
| | | MARIGOLD FRESH MILK | \$1.00 |

***VEGETARIAN OPTION**





CHINESE WOK



MONDAY

CHICKEN RICE

\$1.50 / \$1.80

THURSDAY

FRIED RICE

\$1.50 / \$1.80

TUESDAY

SPAGHETTI

\$1.50 / \$1.80

FRIDAY

CHICKEN RICE

\$1.50 / \$1.80

WEDNESDAY

CHICKEN RICE

\$1.50 / \$1.80



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YUMMY NOODLES



DAILY ITEMS

| | | | |
|---------------------------|------------------------|---|---------------|
| FISH BALL NOODLE | \$1.50 / \$1.80 | MEATS (PORK / CHICKEN) | \$0.60 |
| TOM YUM NOODLE | \$1.50 / \$1.80 | OTHERS (VEG/TOUFU/ EGG/FISHCAKE) | \$0.50 |
| CURRY NOODLE | \$1.50 / \$1.80 | YEO'S PACKET DRINK | \$0.60 |
| KWAY CHAP | \$1.50 / \$1.80 | DUTCH LADY PACKET MILK | \$1.00 |
| MINCED MEAT NOODLE | \$1.50 / \$1.80 | | |
| FRIED BEE HOON | \$1.50 / \$1.80 | | |
| *NOODLES | \$1.50 / \$1.80 | | |

***VEGETARIAN OPTION**





YUMMY NOODLES



MONDAY

IPOH HOR FUN

\$1.50 / \$1.80

THURSDAY

LOR MEE

\$1.50 / \$1.80

TUESDAY

CHICKEN NOODLE

\$1.50 / \$1.80

FRIDAY

HOR FUN

\$1.50 / \$1.80

WEDNESDAY

WANTON NOODLE

\$1.50 / \$1.80



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ASIAN FUSION



DAILY ITEMS

| | | | |
|---------------------------------|--------|------------------------|--------|
| GRILLED / STEAMED FISH BALL | \$0.30 | CHA SOBA / ZARU SOBA | \$1.00 |
| GRILLED / STEAMED MINI CHIKUWA | \$0.40 | MINERAL WATER (500 ML) | \$0.50 |
| THAI BARBECUE CHICKEN | \$0.50 | PACKET DRINKS | \$0.60 |
| THAI BARBECUE PORK | \$0.50 | MILO | \$0.80 |
| MOMO (CHICKEN YAKITORI) | \$0.50 | | |
| *CHERRY TOMATO YAKITORI (3 PCS) | \$0.50 | | |
| CHERRY TOMATO WRAPPED WITH | \$0.50 | | |
| PORK YAKITORI (2 PCS) | | | |
| STICKY RICE (PACKET) | \$0.50 | | |
| TAMAGO YAKI (JAPANESE OMELETTE) | \$0.70 | | |
| ONSEN EGG | \$0.70 | | |

*VEGETARIAN OPTION





ASIAN FUSION



MONDAY

WANTON NOODLE SOUP / WANTON SOUP / \$1.50 / \$1.80
MISO RAMEN / YAKISOBA / YAKI UDON

TUESDAY

THAI SHRIMP PASTE FRIED RICE / GARLIC FRIED \$1.50 / \$1.80
RICE (JAPANESE) / BUTADON (JAPANESE
GRILLED PORK WITH RICE)

WEDNESDAY

BRAISED PORK & EGG WITH RICE / JAPANESE- \$1.50 / \$1.80
KOREAN STEW PORK WITH RICE / FISH BALL
NOODLE SOUP (KWAY TEOW / BEE HOON /
YELLOW NOODLE / EGG NOODLE)

THURSDAY

GARLIC PORK OR CHICKEN WITH RICE / MINCED \$1.50 / \$1.80
PORK OMELETTE SOUP WITH VERMICELLI /
HAMBURGER WITH RICE (JAPANESE) / GINGER
PORK WITH RICE (JAPANESE)

FRIDAY

THAI CHICKEN NOODLE / JAPANESE CURRY UDON / \$1.50 / \$1.80
JAPANESE CURRY RICE



All meals come with a fruit!



HOT DRINKS & SNACKS



DAILY ITEMS

| | | | |
|----------------------------------|--------|---|--------|
| CHICKEN SIEW MAI | \$0.50 | CEREAL WITH MILK | \$0.70 |
| TAU SAR PAU | \$0.60 | EGG/TUNA SANDWICH | \$0.70 |
| HONEY CHICKEN PAU | \$0.70 | WAFFLE (WITH FILLING) | \$1.00 |
| CHICKEN PAU | \$0.80 | KAYA TOAST SET (2 SLICES OF BREAD, 2 SOFT BOILED EGGS & HOT DRINK) | \$1.80 |
| *VEGETABLE PAU | \$0.70 | HOT CHRYSANTHEMUM | \$0.50 |
| YAM PAU | \$0.70 | TEA / COFFEE (W/O MILK) | \$0.50 |
| MINI CHICKEN FUN CHOY WITH FRUIT | \$1.10 | TEA / COFFEE (WITH MILK) | \$0.60 |
| MINI LOR MAI KAI WITH FRUIT | \$1.10 | MILO / HORLICK | \$0.70 |
| CHEE CHEONG FUN | \$0.70 | | |
| CHWEE KUEH (4pcs) | \$1.00 | | |
| CARROT CAKE | \$0.40 | | |

*VEGETARIAN OPTION

